



Name \_\_\_\_\_ Student ID # \_\_\_\_\_

Program of study \_\_\_\_\_ Semester \_\_\_\_\_ Phone # \_\_\_\_\_

In your own words, describe why you are having academic difficulty:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Student: Please check the areas that have interfered with your success.**

**Educational/Academic**

- Registered for too many classes
- Frequent absences or tardiness
- Time management
- Poor test taking skills/test anxiety
- Incomplete assignments

- Memory or learning difficulties
- Problems concentrating
- Difficulty understanding course material
- Need help creating a plan including educational or career
- Uncertain of goals for attending OCC

**Family/Social**

- Lack of support system
- Unsupportive or discouraging relationships
- Other relationship issues
- Homesickness
- Family concerns

- Family obligations
- Extensive childcare or family care giving responsibilities
- Difficulty adjusting to college
- Overcommitted to extra-curricular activities and/or work

**Personal/Other**

- Money concerns
- Working too many hours
- Health problems
- Difficulty getting out of bed
- Alcohol and/or other drug use

- Excessive computer use
- Feeling overwhelmed by life responsibilities
- Difficulty adjusting to American culture
- Not enough sleep
- Excessive gaming

What actions will you take to become academically successful?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are your current goals for attending Oakland Community College?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*(use the back page if additional space is needed)*