

APPENDIX C

ASSESSMENT

Student _____ Date: _____

1. Fill in pertinent data related to Functional Health Patterns.
2. Establish a Nursing Diagnosis and Expected Outcome for the first three priority problem/needs.
3. Highlight abnormal findings in yellow.

Patient initials _____ Room: _____

Allergies: _____

Admission Date: _____

Past Medical History: _____

Age _____ Sex _____ Ht. _____ Wt. _____

Temp. _____ Resp _____ BP _____ Pulse _____ Rhythm _____

Functional Patterns

Health Perception/Management: _____

Nutrition/Metabolic

Breakfast: _____

Lunch: _____

Dinner: _____

Skin: _____

Elimination: _____

Activity/Exercise: _____

Pulmonary: _____

Circulation: _____

Sleep/Rest: _____

Sexuality-Reproductive: _____

Sensory/Perception: _____

Cognitive: _____

Self-Perception/Self-Concept: _____

Coping/Stress/Tolerance: _____

Value/Belief: _____

Pathophysiology of Disease(s)

Abnormal/Significant Diagnostic Tests: X-rays, EKG, Cat Scans, etc.

LABORATORY STUDIES

Test	Hospital Norms	Date	Date	Date	Identify all relevant labs pertaining to the client whether or not the lab test was ordered. Explain how the lab test correlates to the client's pathophysiology, medication regime, or diagnostic testing.
CBC RBC	M= _____ F= _____				
HGB	M= _____ F= _____ NB= _____				
HCT	M= _____ F= _____				
Platelets					
WBC					
DIFFERENTIAL Neutrophils	_____				
Eosinophils	_____				
Basophils	_____				
Lymphocytes	_____ _____				
Monocytes	_____				
ELECTROLYTES Na+	_____				
K+	_____				
Cl	_____				
HCO ₃ venous	_____				
CO ₂	_____				
Ca	_____				
P	_____				
BLOOD SUGAR FBS Random HbA1c	_____ _____ _____				
METABOLIC END PRODUCTS BUN	_____				
Creatinine	_____				
Ammonia	_____				

LIPID PROFILE Cholesterol	_____					
HDL	_____					
HDL:Ratio	_____					
LDL	_____					
Triglycerides	_____					
Test	Hospital Norms	Date	Date	Date	1. Identify all relevant labs pertaining to the client whether or not the lab test was ordered. 2. Explain how the lab test correlates to the client's pathophysiology, medication regime, or diagnostic testing.	
ENZYMES Troponin T & Troponin I						
CPK	M: _____ F: _____					
CPK MB:	_____					
LDH	_____					
Isoenzymes	_____					
SGOT/AST	_____					
SGPT	_____					
Brain Natriuretic Peptide						
Alkaline Phosphatase						
Amylase						
Lipase						
Total Protein						
Prealbumin						
Albumin						
Total Bilirubin	_____					
Bilirubin Direct Conjugated Bili.	_____					
Uric Acid						
Blood Clotting Studies	Norm or Control	Therapeutic Range	Date Time	Date Time	Date Time	Explain
PT						
PTT						
APTT(ACT) or INR						
Blood Levels		Therapeutic Range	Date	Date	Date	
Theophylline						
Digoxin						
Dilantin						

ARTERIAL BLOOD GASES	Norms	Date	Date	Date	Explain
PH	7.35-7.45				
PaO ₂	90-100				
PaCO ₂	35-45				
O ₂ Saturation	95-97				
HCO ₃	22-26				

URINALYSIS					
Sp. Gr.	1.001-1.035	Casts 0-1			
pH	4.5-7.5	Granular=occasional			
WBC	1-2	Bacteria =rare			
RBC	0-1				
Culture/Sensitivities					
Other					



ANTICIPATED HOME CARE NEEDS/DISCHARGE PLANS

DC to: Home Assisted Living ECF Rehabilitation Subacute

Nursing Care: N Y Explain: _____

Nurses Aide: N Y Explain: _____

Chore Worker: N Y Explain: _____

Nutrition: N Y Explain: _____

Equipment: N Y Explain: _____

Pharmacy: N Y Explain: _____

Medical: N Y Explain: _____

Other identified needs: _____

Discharge Plans/Teaching: _____

Medications taken at home: (prescriptions, over-the-counter, supplements, etc.)

Name/Dose/Frequency taken	Purpose (in client's words)

Problem (A): Acute Pain
Goal: Control Pain
Priority: High

- Abdominal abscess-surgical wound (7cmx10cm-transverse)
- Mouth ulcers
- Ca of Bone/lung with chronic pain
- Demerol (Meperidine)
- Morphine

Problem (B): Imbalanced Nutrition/Deficit Fluid Volume
Goal: Improve nutrition
Priority: High

- NPO
- Mouth Ulcers
- NG Tube
- TPN
- IV
- Dry Skin
- 139lbs, 5'10" BMI__
- Nystatin
- Weak
- Anemic (RBC's=3.7, Hct=.39, hgb=10)
- FBS-147 (Hx of DM)

Problem (C): Impaired Urinary Elimination
Goal: Maintian elimination
Priority: Medium

- Foley
- Check I&O >60ml/hr
- Enlarged prostate
- Proscar (Finasteride)
- Creatinine-5
- BUN=22

Problem (D): Impaired Skin Integrity/Infection
Goal: Prevent further infection
Priority: Medium

- T=100.5°F
- Abscess-wound
- 2 JPdrains-purulent drainage
- Fecal material in drain
- WBC=12.9
- Positive wound cultures (gram positive cocci, E.Coli)
- IV Vanco and Gent.

Reason for seeking medical care
 Abdominal Wound /Bowel Obstruction /Post-Op

Focused/Key Assessment Areas
 Pain, Distention, Bowel Sounds, I&O, Drainage, Wound

Problem (E): Impaired Physical Mobility
Goal: Maintain movements
Priority: High

- Ca of Bone (Hx)
- Chemotherapy (Hx)
- Fall Protocol
- Lethargic/fatigued
- Tubes (tripping hazards)
- Bed Rest

Problem (F): Impaired gas exchange/oxygenation
Goal: Maintian oxygenation
Priority: High

- CA of Lung (Hx)
- Radiation/Chemo (Hx)
- Respiratory treatments
- Decreased breath sounds all quadrants
- Incentive spirometry
- Respirations labored
- RT-q4hrs, Ventalin (albuterol)
- Oxygen = 5L N/C Po%=95%
- Hgb=10
- Fatigued

Problem (A): Acute Pain

Outcome: patients pain remains a 3 or lower on a 0-10 scale

<u>Interventions</u>	<u>Evaluation/Response</u>
<ul style="list-style-type: none">• Assess pain Q2 hrs and PRN.• Medicate with PRN Pain medication (Demerol)• Positioning• Check noise and lighting level• Back rub• Guided Imagery	<ul style="list-style-type: none">*See above outcome*See above Outcome* positioned with pillow in Bed*Decreased light pt.fell asleep.*Stated it hurt to be touched*visualized a beach

Impressions: Patient needs narcotics to control pain and likes non-drug measures of positioning and light control and guided imagery

Problem (B): Imbalanced Nut./Deficit Flu. Vol/

Outcome: Patients NG, TPN and drains will remain patent, I&O will balance

<u>Interventions</u>	<u>Evaluation/Response</u>
<ul style="list-style-type: none">• Assess new lab values• Assess I&O• NPO• Mouth Care with Nystatin• Ice Chips• Monitor NG and check Drainage• Monitor TPN• Assess FBS• Assess abdominal Pain• Administer Morphine for pain• Bowl Sounds• Distention• Skin Turgor• Drainage, JP	

Impressions: Nutritional status in balance with I&O equal, electrolytes stable and drains/ NG patent.

Problem (C): Impaired Urinary Elimination

Outcome: Urinary output will be >60ml/hr

<u>Interventions</u>	<u>Evaluation/Response</u>
<ul style="list-style-type: none">• Call Physician if Urinary output is less then 60ml/hr• Check Foley Patency• Check color, amount and smell• Clean Foley• Bedpan for BM's• I&O• Monitor BUN and Creatinine	

Impressions: Patients elimination maintained above 60ml/hr.

Problem (D): Impaired Skin Integrity/Infection

Outcome:

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions:

Problem (E): Impaired Physical Mobility

Outcome:

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions:

Problem (F): Impaired gas exchange/oxygenation

Outcome:

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions:

2530 Concept Map

Problem (A): _____
Goal: _____
Priority: _____

Over for Interventions and Evaluation and Impression

Problem (B): _____
Goal: _____
Priority: _____

Over for Interventions and Evaluation and Impression

Problem (C): _____
Goal: _____
Priority: _____

Over for Interventions and Evaluation and Impression

Reason for seeking medical care

Focused/Key Assessment Areas

Problem (D): _____
Goal: _____
Priority: _____

Over for Interventions and Evaluation and Impression

Problem (F): _____
Goal: _____
Priority: _____

Over for Interventions and Evaluation and Impression

Problem (E): _____
Goal: _____
Priority: _____

Over for Interventions and Evaluation and Impression

Problem (A): _____

Outcome: _____

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions: _____

Problem (B): _____

Outcome: _____

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions: _____

Problem (C): _____

Outcome: _____

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions: _____

Problem (D): _____

Outcome: _____

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions: _____

Problem (E): _____

Outcome: _____

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions: _____

Problem (F): _____

Outcome: _____

<u>Interventions</u>	<u>Evaluation/Response</u>

Impressions: _____

