

OCC NURSING CAREPLAN DIRECTIONS

Assessing the Client	<ol style="list-style-type: none"> 1. Complete the OCC Gordon's Nursing Assessment. 2. Highlight and cluster all abnormal pt/client data. 3. Create a Master Problem (MPL) of all applicable Nursing Diagnoses (NANDA) & Potential Complication (PC) Collaborative Problems. <ul style="list-style-type: none"> ▪ Prioritize each NANDA and/ or PC in the MPL by labeling as high (H), medium (M), or low (L).
Establishing a Diagnosis	<ol style="list-style-type: none"> 4. Identify a priority NANDA Nursing Diagnosis <ul style="list-style-type: none"> ▪ Utilizing the Wilkinson textbook, browse through and read the definitions and the defining characteristics of many potential NANDA's. ▪ Identify the NANDA with a definition and multiple defining characteristics that are congruent with the client data. ▪ Write this diagnosis in column 1 utilizing correct 1, 2, or 3-part format.
Planning the Outcomes	<ol style="list-style-type: none"> 5. Locate the NANDA/ NOC (Nursing Outcome Classification) Linkages. <ul style="list-style-type: none"> ▪ Linkages are found in Part IV of the NOC Text, beginning on page 579. ▪ Look up the chosen priority NANDA. ▪ Write the page number of the linkage in column 2. 6. Choose the priority nursing outcome classification (NOC). <ul style="list-style-type: none"> ▪ Browse through many NOC's reading the definitions and indicators prior to choosing the priority NOC (s). ▪ Write the NOC in column 2. 7. Proceed to Part III of the NOC text, which begins on page 124. <ul style="list-style-type: none"> ▪ Find the definition of the priority NOC. ▪ Write the definition and page number of the outcome in column 2. 8. Select indicators for the chosen outcome(s) (NOC). <ul style="list-style-type: none"> ▪ List the NOC word indicators in the rows at the bottom of the page. ▪ Include a <i>minimum of four</i> word indicators. The indicators must be appropriate to the client and congruent with the NANDA defining characteristics. The chosen NOC indicators <i>must be written exactly as the wording in the text</i>. ▪ Individualize the indicators by making them measurable and specific to the client. <i>Place the individualized and specific indicators in parentheses</i>. For example: color (pink) or potassium level (3.5-5.0 meq) 9. Document the relevant word scale(s) in the spaces numbered 1 thru 5 located in the middle of page 1. <ul style="list-style-type: none"> ▪ Grade the client's current level of function, in relation to each listed indicator, by indicating a score of 1-5. Date and time the score given. 10. Develop and document an Outcome Target Date and Rating in the middle of page 1. <ul style="list-style-type: none"> ▪ For a risk diagnosis your outcome target is to have the client maintain at a specified scale rating. For an actual diagnosis your outcome target is to have the client increase to a specified scale rating. ▪ Identify and document a reasonable and realistic date for the client to achieve the Outcome Target Rating.

<p>Planning the Interventions</p>	<p>11. Locate the NANDA/NIC (Nursing Intervention Classification) Linkages.</p> <ul style="list-style-type: none"> ▪ Linkages are found in Part IV of the NIC Text, beginning on page 783. ▪ Look up your chosen priority nursing diagnosis (NANDA). ▪ Document the linkage page number in column 3. <p>12. Proceed to Part III of the NIC Text, which begins on page 129.</p> <ul style="list-style-type: none"> ▪ Browse through many NIC's reading the definitions and activities prior to choosing the priority NIC (s). ▪ Write the definition and page of the priority NIC in column 3. <p>13. Choose all of the appropriate nursing activities from the NIC list that will assist the client in achieving the NOC by the Outcome Target Date.</p> <p>14. Document the chosen nursing activities exactly as they are worded in the text.</p> <ul style="list-style-type: none"> ▪ Make the activities specific and time limited in parentheses. Identify specifically the "who, what, when and where" of the activity. ▪ For example, a NIC activity of Assess Vital Signs is made specific and time limited with (BP, HR, RR and Temp, q 4 hrs and prn). <p>15. Document the nursing activities.</p> <ul style="list-style-type: none"> ▪ Cluster the activities according to nursing assessment/monitoring; treatment or teaching/education functions. ▪ List the activities on pages 2-4. Choose all of the nursing activities that will assist the client in achieving the NOC. Therefore, use more pages when necessary. ▪ Number the nursing activities. ▪ Provide a referenced rationale for each activity. The rationale should explain "why" the nurse would carry out that activity.
<p>Evaluating the Outcome Achievement</p>	<p>16. Following the nursing activities and at the specified date, evaluate the client's progression toward the Outcome Target.</p> <ul style="list-style-type: none"> ▪ Grade the client's follow-up level of function for each listed indicator. Document a 1-5 score, date and time the entry. ▪ Evaluate and analyze each indicator. Describe the client specific data related to indicator and the progression toward the Outcome Target. ▪ For example, if the initial rating was two and the follow up rating was still two, you would document the client specific data that had not changed. Analysis and evaluation would be that there was no progression toward meeting the outcome. ▪ Formulate and document a plan for continued care. Consider the variables that are impacting the client's ability to meet the Outcome Target. ▪ For example, has there been enough time for the plan to work? Should the plan be continued? Modified? Discontinued? If so, why and how?