

# APPENDIX G

## Prenatal Community Experience Paper

### Objectives:

- Assess the needs of a **currently pregnant woman** in the community setting with the goal to promote or maintain optimal health.
- Analyze assessment data obtained from the pregnant client and develop a realistic, time oriented plan of care using NANDA, NIC, & NOC.
- Submit an APA paper as directed below
- Evaluate the achievement of the NOC's developed for a prenatal client

### Directions

1. Find a willing pregnant woman in your community.
2. Read Murray and McKinney, 2006, Chapters 7 and 8 to prepare. Also Review page 92 of syllabus (section 2) to guide you in assessing client concerns and learning needs related to pregnancy.
3. Briefly interview the client via telephone and assess gravida/para, weeks of gestation, major concerns, and learning needs related to pregnancy. Set up a face to face appointment for a lengthier interview (1 to 2 hours) at this time. Prepare in advance of your visit to intervene appropriately. Include activities that teach, reinforce, praise, etc.
4. During the face to face interview, be prepared to:
  - a. Reassess your client's physical and psychosocial concerns related to pregnancy. Include **ALL AREAS of the Assessment and Intervention section on page 92 of the syllabus.** This section is worth 60 points.

### Examples:

Nutritional pattern (current vs. ideal) Have client keep a 24 hour food diary – Analyze what is lacking. What is the weight gain during pregnancy?

Health habits – does she need teaching in these areas?

Education/preparation/plans for birth and newborn Include plans for feeding the newborn. Support whatever feeding method is chosen with appropriate information.

Impact of culture/ethnic group-pages 99-100 syllabus. Culture and ethnicity affects everyone.

Gender, race, age, interests, ethnic background, neighborhood, education, occupation, socioeconomic group, etc. Think of a college educated couple, early thirties, married five years, finding out they are pregnant. How will their current culture affect the pregnancy, birth, and newborn care? What about a 14 year old not doing well in school and finding out she is pregnant. How will her culture affect the pregnancy, birth and newborn care?

- b. **Highlight the assessment data** of concern for this client and develop at least 5 high priority, properly formatted NANDA diagnoses. **NOTE: One NANDA must relate specifically to the fetus.**

- c. Identify NOC's with 2 indicators related to each nursing concern/diagnoses which can be accomplished during the time frame you are with your client.
  - d. Provide the teaching (evidence-based, not opinion) and support necessary to achieve the NOC's developed for your client.
  - e. Determine with the client a time when you can make a third contact by telephone to evaluate the process she is making or has made in accomplishing the NOC's.
5. Submit to your clinical instructor, at the beginning of the second day of the fourth week of clinical, an APA paper which consists of:
- a. Title page
  - b. Introduction: A neatly typed, brief, one or two page description of your client which must include her age, marital status, gravida/para, weeks gestation; a description of her fetus at present stage of development; type of prenatal care she is receiving socioeconomic status and insurance coverage; and the impact of her culture on the pregnancy (Appendix I Cultural Assessment Concepts), birth plan, and the future care of her newborn. Must be in third person.
  - c. Assessment with the data obtained from your client interview. Assessment should be neat and comprehensive. **These areas should be specific, detailed, and complete. Include all nursing activities used with the client that addressed her concerns and learning needs related to this pregnancy.**
  - d. Neatly type a list of 5 high priority, properly formatted NANDA's with all appropriate "related to's" or contributing factors and AEBs from your introduction & assessment. **NOTE: At least one NANDA must relate specifically to the fetus.** Include a NOC with 2 measurable indicators for each NANDA. Make sure these relate to your specific client. Include documented rationale to support each teaching intervention.
  - e. Type a one page evaluation of your outcomes and indicators. Include documentation of the teaching information used to achieve your NOC's.
  - f. Provide an APA formatted reference list. **Of the minimum of three required references, two of the references must be from nursing journals.**
  - g. This paper should be 5-7 page minimum (which includes the Title page and Reference list)
  - h. All starred areas (on p. 93) must be completed or the student will receive an "Incomplete" grade on this assignment.

NAME: \_\_\_\_\_

### Grading Tool Community Paper

	Points Possible	Points Earned
<b>*Introduction: 5 points</b>		
Description of client and her weeks of gestation	1	
Fetal description at this stage of development	1	
Type of prenatal care receiving	1	
Socioeconomic status and insurance coverage	1	
Cultural/Ethnic background	1	
<b>*Assessment and Intervention: 60 points (Section 2)</b>		
Nutritional patterns (current vs. ideal)	6	
Health habits, i.e. exercise, seat belts, self-breast exams, alcohol, tobacco, drugs (including OTC)	8	
Medical, occupational, and related risk factors	6	
Support system/family adaptation (father, siblings, grandparents)	4	
Education/preparation/plans for birth and newborn (include plans for feeding)	6	
Discomfort of pregnancy	6	
Impact of culture/Ethnic group on pregnancy, birth, newborn care (including advice to protect mother/fetus/newborn)	8	
Physical and psychosocial adaptation to pregnancy: Maternal Role transition (Murray & McKinney Chapters 7 & 8)	6	
Sexual activity during pregnancy	4	
Birth control plans	6	
<b>*Analysis: 10 points</b>		
Identify at least five nursing diagnosis	5	
Identify five NOC's with page numbers (2 measurable indicators each)	5	
<b>*Conclusion: 5 points</b>		
Discuss any follow up completed or planned	1	
Evaluate your NOC	4	
<b>*Format: 15 points</b>		
APA style (5 points)	5	
Grammar	2	
Punctuation	2	
Spelling	2	
Sentence Structure	2	
Neatness/required length (5-7 pages)	2	
<b>*Reference: 5 points</b>		
Minimum of three	3	
Two from Nursing Journals	2	
<b>Total points</b>	<b>100</b>	
Instructor:		

80 points and above equals a satisfactory grade. Below 80 points will require a rewrite.