

# The Pulse

Oakland Community  
College Student  
Nurse Association  
Newsletter

## Meet your NSA Board & Chairs

The NSA is the organization for nursing students at our school and around the country. Local NSA chapters provide service to their members and the surrounding community. It is a great organization to get involved in while you are in school. Your involvement can include holding a board position or can be as simple as coming to the monthly meetings.

Each NSA meeting has a speaker that talks about a specialty area of nursing or something that will be useful to the members. Last year speakers included; Flight Nursing, Surgical Nursing, Resume Workshop, and many others.

Following are short bios of the people who make up the NSA board and those who hold chair positions.

**Sarah Fitzpatrick,  
President**

**Sweet-**  
[pea090503@yahoo.com](mailto:pea090503@yahoo.com)  
**m** My name is Sarah Fitzpatrick and I am 25 years old. I have been married for almost 4 years and my husband also works in the medical field as an Oxford firefighter and basic EMT for Star EMS. I have lived in the Oxford area for about 16 years. I have two black labs which I enjoy taking to the Bark Park for frequent walks – they help keep me active. All my other hobbies have been

put on the back burner since I have been in the nursing program. I am the oldest of four in my family and have many family members who work in the nursing field, who influenced my decision about becoming a nurse. I am genuinely excited about the nursing program and entering the world of nursing, as I hope are the rest of you. Please feel free to share any thoughts, comments, funny or exciting stories, or ideas that you feel may be of use by emailing me or any of the other board members.

**Colleen Zahs, Secretary-**  
Hello, my name is Col-  
*(Continued on page 2)*

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### Upcoming Dates

Meeting dates for NSA for the 2007-8 school year. All meetings begin at 12:30

- *September 17  
Welcome Luncheon*
- *October 8*
- *November 12*
- *December 10*
- *January 14*
- *February 11*
- *March 10*
- *April 14*
- *May 12*
- *June 9*

## Announcements . . .

We will be collecting sample sized shampoo, conditioner, soaps, socks (any size) and any other personal hygiene items for the mobile nurse clinic in the month of September. Look for the collection boxes outside the nursing

office and the lab. New items only should be placed in the collection boxes.

Coming October-December, there will be a children's coat, hat and mitten drive.



## Meet your NSA Board and Chairs

(Continued from page 1)

leen Zahs. I am very pleased to serve you as our local Secretary and appreciate everyone's confidence in me. I was also recently elected to serve you at the state level MNSA as Membership Chairperson and look forward to serving you in both capacities. I have a 21 year old daughter and am happily married. I'm a former postal employee who decided to go back to school and pursue my life-long dream of being a nurse. I like gardening, cooking, volunteer work, Michigan travel. My goals as secretary are to record all meetings, send out regular e-mails informing everyone of NSA activities, help to keep our local group meetings organized, help make arrangements for different nursing professional speakers at our general membership meetings, and continue to participate in all of our NSA functions.

**Jessica Pott, Pulse Editor**  
[occpulse@yahoo.com](mailto:occpulse@yahoo.com)

Hello, my name is Jessica Pott and I

will be serving as the newsletter editor. I am really excited to bring the newsletter back, it's a great way for the NSA to communicate with the students. I grew up in Royal Oak, but I live in Berkley now. I am married and have a four year old son and a two year old daughter. My educational background is a degree in English from MSU. I worked as a Corporate Trainer after college, but after having my son I decided that I would like to change my career path and pursue nursing. I am happy to take any and all suggestions that you may have about the newsletter, it belongs to the student body, so please don't hesitate to email me with ideas or issues.

**Jill Zamojcin & Lori Renkiewicz, Community Health**

I'm looking forward to my Community Outreach Co-chair position with Lori Renkiewicz beginning this fall. Community Health runs events such as blanket drives, food drives, clothing drives and anything else that provides for those in need in the local

community. Any other suggestions that you may have are always welcome! Contact Jill at [2008rn@comcast.net](mailto:2008rn@comcast.net) or Lori at [collegeprincess817@sbcglobal.com](mailto:collegeprincess817@sbcglobal.com)

**Margaret Parks, Vice President**  
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## Test Your Skills

### MATH QUESTIONS

#### Level 2

500 ml of 5% D5W is ordered to infuse IV in 5 hours. Calculate the flow rate in gtt/min if the drop factor is 15 gtt/min.

#### Level 3

The order is for Tylenol #4 (Codeine 60 mg, Acetaminophen 500 mg.) 1 tablet every 4 hours prn. The maximum dose of acetaminophen in 24 hours is 4 g. The client has received one tablet today. How many tablets can the patient receive in the next 16 hours?

### NCLEX QUESTION

The nurse administers warfarin to a client with deep vein thrombophlebitis. Which of the following laboratory values indicates that the client has a therapeutic warfarin level?

- Partial thromboplastin time (PTT) 1.5 to 2 times the control.
- Prothrombin time (PT) 1.5 to 2 times the control.
- International Normalized ratio (INR) of 3 to 4.
- Hematocrit of 32%.

NCLEX-RN Review Made Incredibly Easy—3rd ed. (2005). Ambler, PA: Lipincott, Williams and Wilkins.

The Pulse  
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 Please contact us with any questions or concerns.

Answers:  
 Level 2 Math: 25 gtt/min.  
 Level 3 Math: 4 tabs  
 NCLEX Question: B