

Instructor: Gina Fournier
Oakland Community College
Winter 2007

Nonfiction Reading List

This following list is a compilation of Composition I and Composition II student self-selections over the past few years. You will find a wide array of tastes and approaches represented here. Most of these books were well-received; a few were not. Some of these books are not college level reading; some are trashy. Look closely and know what you're getting yourself into. Remember to choose books based on a number of clues, including recommendation, but do not forget the most important guideline: **Choose books by reading!**

Memoir, Biography and Autobiography

The Anorexia Diaries by Linda M. Rio and Tara M. Rio
Anne Sexton: A Self Portrait in Letters edited by Linda Grey Sexton and Lois Ames
As Good As I Could Be: A Memoir of Raising Wonderful Children in Difficult Times Susan Cheever
Chronicles: Volume One by Bob Dylan
Coming of Age in Mississippi by Anne Moody
Baby Catcher: Chronicles of a Modern Midwife by Peggy Vincent
Between a Rock and a Hard Place by Aron Ralston (rock climbing accident)
Between Each Line of Pain by Gladys Knight
Big Deal: One Year as a Professional Poker Player by Anthony Holden
The Big Sea: An Autobiography by Langston Hughes
Black Like Me by John Howard Griffin
Bringing Down the House: The Inside Story of Six M. I. T. Students Who Took Vegas for Millions by Ben Mezrich
Burned Alive: A Victim of the Laws of Men by Souad (mercy crimes)
But Enough About Me: A Jersey's Girl's Unlikely Adventures Among the Absurdly Famous by Jancee Dunn
Candy Girl: A Year in the Life of an Unlikely Stripper by Diablo Cody
Cash: The Autobiography by Johnny Cash
Catch Me If You Can: The True Story of a Real Fake by Frank W. Abagnale (movie)
A Child Called It by Dave Pelzer (abused childhood)
Chinese Cinderella by Adeline Yen Mah
The Color of Water: A Black Man's Tribute to His White Mother by James McBride
Confessions of a Video Vixen by Karrine Steffans
The Dark Child by Camara Laye, James Kirkup and Ernest Jones (African childhood)
Dawn: A Charleston Legend by Dawn Langley Simmons (sex change)
Devil in the Details: Scenes from an Obsessive Childhood by Jennifer Traig (OCD memoir)
Dharma Punx Noah Levine (?)
Dust Tracks on a Road: An Autobiography by Zora Neale Hurston
The Diary of Ellen Rimbauer: My Life at Rose Red edited by Joyce Reardon, forward by Stephen King
Drinking: A Love Story by Caroline Knapp (recovery from alcoholism)
Fat Girl: A True Story by Judith Moore
Fugitive Days: A Memoir by Bill Ayers (Weather Underground member)
Garcia: An American Life by Blair Jackson (Grateful Dead guitarist and singer)
Geisha, A Life by Mineko Iwaskaki
Get a Life! By William Shatner
Gifted Hands by Ben Carson (inner city youth becomes neurosurgeon)
Girl, Interrupted by Susanna Kaysen (movie)
Hypocrite in a Puffy White Dress by Susan Gilman (coming of age)
Ian Fleming: The Man Behind James Bond by Andrew Lycett
I am the Central Park Jogger by Trisha Meili (famous crime victim)
I'm Not the New Me by Wendy McClure (weight loss)
I am Regina by Sally M. Keehn (young adult reading about a young girl captured my Native Americans)
I Had Brain Surgery, What's Your Excuse? by Suzy Becker
Incidents in the Life of a Slave Girl by Harriet Jacobs (1861 biography)
Indira by Katherine Frank
Inner City Miracle by Judge Greg Mathis

Into the Wild by Jon Krakauer (young man's unfortunate life quest)
Joan of Arc by Mary Gordon
John Paul the Great by Peggy Noonan
The Kiss by Kathryn Harrison (incest)
Kiss and Make-Up by Gene Simmons (1970s arena rock star)
Kiss Me Like a Stranger: My Search for Love and Art by Gene Wilder
Kitchen Confidential: Adventures in the Culinary Underbelly by Anthony Bourdain
The Know It All: One Man's Humble Quest to Become the Smartest Person in the World by A.J. Jacobs
The Liars' Club by Mary Karr (troubled childhood)
Life and Def: Sex, Drugs, Money and God by Russell Simmons
Life is Not a Fairy Tale by Fantasia Barrino
Living History by Hilary Rodham Clinton
The Lizard King: The Essential Jim Morrison by Jerry Hopkins
Love, Greg and Lauren by Greg Manning (9/11 inspired)
Lucky: A Memoir by Alice Sebold (recovery from rape)
Manchild in the Promised Land by Claude Brown
Me: Stories of My Life by Katherine Hepburn (famous Hollywood actress)
A Million Little Pieces by James Frey (memoir vs. fiction controversy)
Moanin' at Midnight: The Life and Times of Holwin' Wolf by James Segrest and Mark Hoffman
Mother Teresa: The Authorized Biography by Navin Chawla
The Motorcycle Diaries: Notes on a Latin America Journey by Ernest "Che" Guevara
My Friend Leonard by James Frey (see author's disclaimer regarding categorization)
My Horizontal Life: A Collection of One-Night Stands by Chelsea Handler
Nothing to Fall Back On: The Life and Times of a Perpetual Optimist by Betsy Carter
Obsessive Genius: The Inner World of Marie Curie by Barbara Goldsmith
Once in a House on Fire by Andrea Ashworth (troubled childhood)
An Ordinary Man by Paul Rusebagina (inspiration for movie, *Hotel Rwanda*)
The Pact: Three Young Men Make a Promise and Fulfill a Dream by Sampson Davis, George Jenkins, Rameck Hunt and Lisa Frazer
 Page
Playground: A Childhood Lost Inside the Playboy Mansion by Jennifer Saginor
Prozac Nation: Young and Depressed in America by Elizabeth Wurtzel
Riding in Cars With Boys: Confessions of a Bad Girl who Makes Good by Beverly Donofrio (movie)
A Rip in Heaven: A Memoir of Murder and Its Aftermath by Jeanine Cummins
Rosa Lee: A Mother and Her Family in Urban America by Leon Dash
Scar Tissue by Anthony Kiedis and Larry Sloman (Red Hot Chili Peppers)
Sharing the Good Times by Jimmy Carter
Shooter: The Autobiography of a Top-Ranked Marine Sniper by Jack Coughlin, Casey Kuhlman and Donald A. Davis
Soul of a Chef: The Journey Towards Perfection by Michael Ruhlman
Spare Parts: From Campus to Combat: A Marine Reservist's Journey from Campus to Combat in 38 Days by Buzz Williams
Spielberg: The Man, The Movies, The Mythology by Frank Sanello
Spike Lee: That's My Story and I'm Sticking To It by Kaleen Aftab
Stolen Lives: Twenty Years in a Desert Jail by Malika Oufkir and Michele Fitoussi (Oprah's Book Club)
Stolen Life: A Journey of a Cree Woman by Ros Schwartz and Yvonne Johnson
Tears of Rage: From Grieving Father to Crusader for Justice by John Walsh
Travels by Michael Crichton (nonfiction from best selling fiction author)
The Story of My Life by Helen Keller
This Side of Peace: A Personal Account by Hanan Ashrawi (former PLO spokeswoman)
A Trip to the Beach: Living on Island Time in the Caribbean by Melinda and Robert Blanchard
Underneath It All by Traci Elizabeth Lords (pornography star)
The Undertaking: Life Studies from a Dismal Trade by Thomas Lynch (mortician from Milford, Michigan)
What Becomes of the Broken Hearted by E. Lynn Harris (coming of age)
Without a Net: Middle Class And Homeless (With Kids) in America by Michelle Kennedy
Woman in the Mists by Farley Mowat (Dian Fossey biography)
Year by the Sea: Thoughts of an Unfinished Woman by Joan Anderson

Political, Cultural and Social Commentary

Affluenza: The All-Consuming Epidemic by John DeGraaf, David Wann and Thomas H. Naylor (the consumer affliction)
All of Our Kin: Strategies for Survival in a Black Community by Carol B. Stack (landmark sociological study)
Billions: Selling to the New Chinese Consumer by Tom Doctoroff
Born to Buy: The Commercialized Child and the New Consumer Culture by Juliet B. Schor

The End of Detroit: How the Big Three Lost Their Grip on the American Car Market by Micheline Maynard
The Essentials of Living Aboard a Boat by Mark Nicholas
Ethnic Violence edited by Myra Immell (global perspective)
Exporting America: Why Corporate Greed is Shipping American Jobs Overseas Lou Dobbs
Fashion Victim: Our Love-Hate Relationship with Dressing, Shopping and the Cost of Style by Michele Lee
Fast Food Nation: The Dark Side of the All-American Meal by Eric Schlosser
Finding Serenity: Anti-Heroes, Lost Shepherds and Space Hookers in Josh Whedon's Firefly edited by Jane Espenson
Fear and Loathing in Las Vegas: A Savage Journey into the Heart of the American Dream by Hunter S. Thompson
Freakonomics: A Rogue Economist Explores the Hidden Side of Everything by Steven D. Levitt and Stephen J. Dubner
The Godless Constitution: A Moral Defense of a Secular State by Isaac Kramnick and R. Lawrence Moore
Holler If You Hear Me: Searching for Tupac Shakur by Michael Eric Dyson
Hunger: An Unnatural History by Sharma Apt Russell
In Our Time: Memoir of a Revolution by Susan Brownmiller (1970s woman's movement)
Intelligence Matters by Senator Bob Graham and Jeff Nussbaum (conservative political analysis)
Interracial Intimacies: Sex, Marriage, Identity and Adoption by Randall Kennedy
The Invisible Children by Gitta Sereny (child prostitution)
Jimi Hendrix and the Making of Are You Experienced? by Sean Egan
Losing Bin Laden: How Bill Clinton's Failures Unleashed Global Terror by Richard Minter
The Marketing of Evil: How Radicals, Elitists and Pseudo-Experts Sell Us Corruption Disguised as Freedom by David Kupelian
Meat Market: Animals, Ethics and Money by Eric Marcus
Mother Shock: Loving Every (Other) Minute of It by Andrea J. Buchanan
Nickel and Dime: On (Not) Getting By in America by Barbara Ehrenreich (minimum wage workers)
No Spin Zone: Confrontations with the Powerful and Famous in America by Bill O'Reilly
The One Percent Doctrine: Deep Inside America's Pursuit of Its Enemies Since 9/11 by Ron Suskind
Ordinary Resurrections: Children in the Years of Hope by Jonathan Kozol (profile of South Bronx public school)
The O'Reilly Factor: The Good, the Bad and the Completely Ridiculous in American Life by Bill O'Reilly
Perfect Madness, Motherhood in the Age of Anxiety Judith Warner
Pipe Dreams: Greed, Ego and the Death of Enron by Robert Bryce
Pledged: The Secret Life of Sororities by Alexandra Robbins
Race Matters Cornel West (race relations)
Reading Lolita in Tehran: A Memoir in Books by Azar Nafisi (the danger of reading books)
Reefer Madness: Sex, Drugs, and Cheap Labor in the American Black Market by Eric Schlosser
Reefer Warrior: How My Friends and I Found Adventure, Wealth and Romance Smuggling Marijuana—Until We Went to Jail by K. Hawkeye Gross
Savage Inequalities: Children in America's Schools by Jonathon Kozol (poor schools in urban America)
The Shield and the Cloak: The Security of the Commons by Gary Hart (post 9/11 security)
Silent Witness: The Untold Story of Terri Schiavo's Death by Mark Furman
Skin Deep: Tattoos, the Disappearing West, Very bad Men and My Deep Love For the All by Karol Griffin
Techno Rebels: The Rebels of Electronic Funk by Dan Sisko (Detroit electronic scene)
Talk to the Hand: The Utter Rudeness of the World Today by Lynne Truss
Twilight Children: Three Voices No One Heard Until a Therapist Listened by Torey Hayden (elective mutism)
Typhoid Mary: An Urban Historical by Anthony Bourdain (modern chef reflects on infamous bad cook)
Unfit for Command: Swift Boat Veterans Speak Out Against John Kerry by John E. O'Neill and Jerome R. Corsi
The United States of Wal-Mart by John Dicker
The Vagina Monologues by Eve Ensler
Wasted: A Memoir of Anorexia and Bulimia by Marya Hornbacher
The World is Flat: A Brief History of the 21st Century by Thomas Friedman (*New York Times* columnist's best seller)
Will They Ever Trust Us Again? Letters From the War Zone by Michael Moore
Why Marijuana Should Be Legal by Ed Rosenthal and Steve Kubby
Worse than Watergate: The Secret Presidency of George W. Bush by John W. Dean (liberal political analysis)

History

1776 David McCullough
An Album of Memories: Personal Histories from the Greatest Generation by Tom Brokaw
Anne Frank: Diary of a Young Girl translated by B. M. Mooyart
Band of Brothers: E Company, 506th Regiment, 101st Airborne from Normandy to Hitler's Eagle's Nest by Stephen E. Ambrose
Beyond the Mountains of the Damned: The War Inside Kosovo by Matthew McAllester
The Death of the U Boats by Edwin P. Hoyt
The Devil in White City: Murder, Magic and Madness at the Fair that Changed America by Erik Larson (1893 Chicago World's Fair)
Flag of Our Fathers by James Bradley (surprising biographical story surrounding the Battle of Iwo Jima)

How the Vote Was Won: Women's suffrage in the Western United States 1868-1914 (academic study)
Howard Zinn on War by Howard Zinn (collected essays by noted Boston University Professor and social activist)
Howard Zinn on History by Howard Zinn
In My Hands: Memoir of a Holocaust Rescuer by Irene Gut Opdyke (Polish teenager's account of WW II)
A Midwife's Tale: The Life of Martha Ballard by Laurel Ulrich Thatcher (Puritan New England)
Night by Elie Wiesel (WWII concentration camp survivor)
The Oxford Book of Military Anecdotes edited by Max Hastings
The Perfect Storm: A True Story of Men Against the Sea by Sebastian Junger (movie)
Samurai: The Story of Japan's Great Warriors by Stephen Turnbull
Stalin: The Court of the Red Tsar by Simon Sebag Montefiore
Their Tattered Flags: The Epic of the Confederacy by Frank Everson Vandiver
Thirteen Days: A Memoir of the Cuban Missile Crisis by Robert F. Kennedy and John Schlesinger, Jr.

True Crime

Black Dahlia by James Ellroy (movie)
Donnie Brasco: My Undercover Life in the Mafia by Joseph D. Pistone
Forensic Science of CSI by Katherine M. Ramsland (CBS TV)
The Iceman: Confessions of Mafia Contract Killer by Philip Carlos
In a Child's Name: The Legacy of the a Mother's Murder by Peter Maas
Justice: Crimes, Trials and Punishments by Dominick Dunne
On the Run: A Mafia Childhood by Gregg and Gina Hill
The Purple Gang: Organized Crime in Detroit 1910-1945 (Gangsters and Rum Runners) by Paul R. Kaveeff
The Serial Killer Files: The Who, What, Where, How and Why of the World's Most Terrifying Murderers by Harold Schechter
Teasing Secrets from the Dead: My Investigations of America's Most Infamous Crime Scenes by Emily Craig
The Violent Years: Prohibition and the Detroit Mobs by Paul R. Kaveeff (follow-up to *The Purple Gang*)
Underboss: Sammy the Bull Gravano's Story of Life in the Mafia by Peter Maas
The Way of the Wise Guy by Joseph D. Pistone

Humor/Satire

Baby Laughs: The Naked Truth about the First Year of Mommyhood by Jenny McCarthy (MTV host)
Don't Pee on My Leg and Tell Me It's Raining: Americas Toughest Family Court Judge Speaks Out by Judy Sheindlin
Dry by Augusten Burroughs (alcoholism memoir)
Dude, Where's My Country? by Michael Moore
Holidays on Ice by David Sedaris (NPR commentator, *This American Life*)
Just Hand Over the Chocolate and No One Will Get Hurt by Karen Scalf Linamen (philosophy)
Lies and the Lying Liars Who Tell Them: A Fair and Balanced Look at the Right by Al Franken (politics)
Me Talk Pretty One Day by David Sedaris
Naked by David Sedaris
Nothing's Sacred by Lewis Black (comedian)
Running with Scissors by Augusten Burroughs (troubled childhood memoir)
Skinny Women Are Evil: Notes of a Big Girl in a Small-Minded World by Mo'Nique and Sherri A. McGee (comedian)

Instructional

Automatic Millionaire: A Powerful One Step Plan to Live and Finish Rich by David Bach
Bad Beats and Lucky Draws: Poker Strategies, Winning Hands and Stories from the Professional Poker Tour by Philip Helmuth Jr.
Bipolar Disorder: Rebuilding Your Life by Rev. Dr. James T. Stout
Boundaries and Relationships: Knowing, Protecting and Enjoying the Self by Charles Whitfield
Dying to Quit: Why We Smoke and How We Stop by Janet Bingham
Eat to Live: The Revolutionary Formula for Fast and Sustained Weight Loss by Dr. Joel Fuhrman
The Gift of Fear: Survival Skills That Protect Us from Violence by Gavin De Becker
How I Retired at 26 by Asha Tyson
How Successful People win: Using Bunkhouse Logic to Get What You Want in Life by Ben Stein (Comedy Central host)
John Shaw's Nature Photography Field Guide by John Shaw
Making Love Last Forever by Gary Smalley
Managing Your Emotions Instead of Your Emotions Managing You by Joyce Meyer
Men, Women and Relationships: Making Peace with the Opposite Sex by John Gray
Rich Dad, Poor Dad: What the Rich Teach Their Children about Money That the Poor and Middle Class Do Not by Robert Kiyosacki

The Seven Habits of Highly Effective People by Stephen Covey
The Psychology of Poker by Dr. Alan N. Schoonmaker
Weighing the Odds of Hold 'em by King Yao
You'll See It When You Believe It: The Ways to Your Personal Transformation by Wayne W. Dyer

Inspirational/Spiritual

A Grief Observed by C. S. Lewis (memoir about grieving death from a Christian perspective)
The Art of Happiness: A Handbook for Living by Howard Cutler and His Holiness the Dalai Lama (Zen psychology)
Comfortable with Uncertainty: 108 Teachings on Cultivating Fearlessness and Compassion by Pema Chodron
Crossing to Avalon: A Woman's Midlife Quest for the Sacred Feminine by Jean Shinola Bolen, M.D.
The Dance of the Dissident Daughter: A Woman's Journey from Christian Tradition to the Sacred Feminine by Sue Monk Kidd
His Lady: Sacred Promises for God's Woman by T. D. Jakes
Let's Roll: Ordinary People, Extraordinary Courage by Lisa Beamer and Ken Abraham (9/11 events)
Man's Search for Ultimate Meaning by Viktor E. Frankl (spiritual psychology)
The Purpose Driven Life: What On Earth am I Here For? by Rick Warren (Christian philosophy)
Stumbling on Happiness by Daniel Gilbert (Harvard professor's philosophy)
Tuesdays With Morrie: An Old Man, a Young Man, and Life's Greatest Lesson by Mitch Albom (*Detroit Free Press* columnist)
Traveling Mercies: Some Thoughts on Faith by Anne Lamott (author of *Bird by Bird*)

Science / Nature

Anthropologist on Mars: Seven Paradoxical Tales by Oliver Sacks (a neurologist's case studies)
Big Weather: Chasing Tornadoes in the Heart of America by Mark Svenhold
The Botany of Desire: A Plant's Eye View of the World by Michael Pollan (p.o.v. of apples, tulips, marijuana, potatoes)
A Brief History of Time: From the Big Bang to Black Holes by Stephen Hawking
Evolution vs. Creationism: An Introduction by Eugenie C. Scott
Genie: a Scientific Tragedy by Russ Rymer (psychiatry gone bad)
Stem Cell Research: Medical Applications and Ethical Controversies by Joseph Panno PhD.
A Walk in the Woods: Rediscovering America on the Appalachian Trail by Bill Bryson
Whose View of Life? Embryos, Cloning and Stem Cells by Dr. Jane Maienschein

Sports

Ball Four by Jim Bouton (1969 baseball memoir)
Both Feet on the Ground by David Beckham (British soccer player)
Catch This!: Going Deep with the NFL's Sharpest Weapon by Terrell Owens and Stephen Singular
Cinderella Man: James Braddock, Max Baer, and the Greatest Upset in History by Jeremy Schapp (boxing)
Friday Night Lights: A Town, a Team and a Dream by H.G. Bissinger (movie)
Go Girl! Raising Healthy, Confident And Successful Girls Through Sports by Hannah Storm (NBC sportscaster)
Black and Honolulu Blue: In the Trenches with the NFL by Keith Dorney
The Jordan Rules by Sam Smith (Michael Jordan and the Chicago Bulls)
Juiced: Wild Times, Rampant 'Roids, Smash Hits, and How Baseball Got Big by Jose Canseco
My Losing Season by Pat Conroy (basketball at the Citadel)
Rinkside: A Family's Story of Courage and Inspiration by Craig McCarty (NHL story from a father's perspective)
Those Who Love the Game: Glenn "Doc" Rivers on Life in the NBA and Elsewhere by Glenn Rivers and Bruce Brook
Who's Your Caddy? Looping for the Great, Near Great and Reprobates in Golf by Rick Reilly

Essay Collections vs. Nonfiction Chapter Books

Nonfiction books are either formulated as chapter books with chapters written by one author that are meant to be read in chronological order or they are collections of essays (written by one or more authors) that could be read in any order without losing meaning.

Some of the books categorized elsewhere on this list also fit into the category of essay collections. (For that matter, some of the titles on this list could fit into many categories represented here.) Anne Lamott's *Traveling Mercies: Some Thoughts on Faith* is an essay collection that is both inspirational and autobiographical. All of David Sedaris' works to date are essay collections that are both humorous and autobiographical. Become a savvy reader. Realize that essay collections are not necessarily labeled "essay collections," but there are ways to figure out when you have your hands on one. Some essay collections span themes and are written by one author, such as Chuck Palahniuk's *Stranger than Fiction*. For others, an editor gathers a collection of essays around one theme written by many authors. For example, *Finding Serenity: Anti-Heroes, Lost Shepherds and Space Hookers in Josh Whedon's Firefly*, edited by

Jane Espenson (and found under Political, Social and Cultural Commentary), is a collection of essays written by a variety of authors who all discuss the same defunct cable television program.

The Best American Essays series published annually by Houghton Mifflin
The Best American Science and Nature Writing series published annually by Houghton Mifflin
The Best American Sports Writing series published annually by Houghton Mifflin
The Best American Travel Writing series published annually by Houghton Mifflin

The Adoption Reader: Birth Mothers, Adoptive Mothers and Adoptive Daughters Tell Their Stories edited Susan Wadia-Ells
Because I Said So: 33 Mothers Write About Children, Sex, Men, Aging, Faith, Race, and Themselves edited by Camille Peri and Kate Moses (salon.com inspiration)
The Black Panthers Speak edited by Philip S. Forer
Burning Down the House: Essays on Fiction by Charles Baxter (U of M professor and novelist)
Burnt Toast: and Other Philosophies of Life by Terri Hatcher (*Desperate Housewives* star)
Chomsky on Anarchism by Naom Chomsky (famous MIT professor)
Cosbyology: Essays and Observations from the Doctor of Comedy by Bill Cosby
Fraud by David Rackoff (journalist's satirical collection)
The Heart Behind the Hero edited by Curt and Karen Yoder (first responders)
Life As We Know It: A Collection of Personal Essays from Salon.com edited by Jennifer Foote Sweeney (California style)
Mothers Who Think: Tales of Real Life Parenthood edited by Camille Peri and Kate Moses (salon.com column)
Never Drank the Kool Aid: Essays by Toure (lauded one name journalist)
The Norton Book of Personal Essays edited by Joseph Epstein (classic collection)
On Becoming Myself: Reflections on Growing Up Female edited by Willa Shallit (*Vagina Monologues* producer edits celebs)
The Real Frank Zappa Book by Frank Zappa with Peter Occhiogrosso
Sand in My Bra and Other Misadventures: Funny Women Write From the Road (Travelers' Tales) edited by Jennifer L. Leo
Sex, Art and Culture: Essays by Camille Paglia (controversial cultural critic)
Silent Bob Speaks: The Collected Writings of Kevin Smith by Kevin Smith
Sleepaway: Writings on Summer Camp edited by Eric Simonoff
Stranger than Fiction by Chuck Palahniuk (author of the novel *Fight Club*)
Under the Duvet: Shoes, Reviews, Having the Blues, Builders, Babies, Families and Other Calamities by Marion Keyes (Irish journalist)
What's Going On? by Nathan McCall (social issues covered by former *Washington Post* reporter)

Books on Writing

There is certainly no shortage of authors who write about the writing process and the writing life. Interested readers can choose from a slew of instructional and inspirational titles. Interested in spiritual writing? How to craft a novel? Telling your life story? Many books await you.

Bird by Bird: Some Observations on Writing and Life by Anne Lamott
Elements of Style by Strunk and White (classic, terse, highly recommended)
The New Diary Tristine Rainer (helpful hints and encouragement for keeping a journal)
On Writing Well: The Classic Guide to Writing Nonfiction William K. Zinser
On Writing Stephen King
The Opposite of Fate: Memoirs of a Writing Life by Amy Tan
Writing Down the Bones: Freeing the Writer Within Natalie Goldberg

One Last Note:
Be Clear About the Difference Between
Books Written for an Academic Audience vs. Books Written for a General Audience

Choose Your Selection Wisely!

