

Personal Development Evaluation Rubric

Personal Development: Graduates understand personal development as a life-long process. Graduates can demonstrate strategies for physical and psychosocial well-being, as well as personal responsibility for decisions and behaviors.

A. Understands value of self assessment goals						
Behavior Emerging		Behavior Developing		Behavior Present		
Lacks awareness of personal needs and potentials. Lacks awareness or is indifferent to the value of goal setting for personal development.		Identifies need for goals and values. Creates action plan.		Demonstrates personal commitment and responsibility by taking action toward goal achievement. Ongoing assessment and evaluation of goals and plans and values.		
0	1	2	3	4	5	N/A

B. Utilizes self management skills and discipline.						
Behavior Emerging		Behavior Developing		Behavior Present		
Indifferent to the role of self-management in personal development. Lacks self-management skills in interpersonal behaviors.		Demonstrates awareness, knowledge and importance of self-care. Awareness of the value of self-discipline. Developing or improving interpersonal behaviors.		Demonstrates appropriate self-care. Exercises self-discipline. Demonstrates appropriate interpersonal behaviors.		
0	1	2	3	4	5	N/A

C. Identifies and utilizes resources.						
Behavior Emerging		Behavior Developing		Behavior Present		
Lacks knowledge and awareness of resources.		Demonstrates awareness of resources. Seeks information about available resources.		Demonstrates appropriate utilization of available resources and self-advocacy.		
0	1	2	3	4	5	N/A

D. Shows commitment to lifelong development.						
Behavior Emerging		Behavior Developing		Behavior Present		
Lacks understanding of long-term goals. Unaware of the importance of support and assistance in identifying long term goals.		Understands the importance of long-term goals. Seeks support and assistance in identifying long-term goals.		Establishes long-term goals. Demonstrates ongoing evaluation of goals.		
0	1	2	3	4	5	N/A

