

Tuesday,
March 22nd,
2016

RIDGEWOOD CAFÉ

OPEN
TUESDAYS
and
WEDNESDAYS
11:15 am - 1 pm

SOUP

White Bean Chicken Chili | 2.75

Cream of Tomato Soup with Grilled Cheese Croutons | 2.75

Duet of Soup and Chili | 2.75

SALADS & SANDWICHES

Herb Chicken and Apple Salad | 6

Herb marinated and grilled chicken breast with apples, crimson grapes, cheddar cheese, dried cranberries, candied walnuts, red onion, buttered crouton and cranberry vinaigrette.

Chicken Gyro Pita | 6

Marinated and grilled boneless chicken breast with red onion, lettuce, tomato, and feta cheese on a fluffy warm pita bread. Served with a cucumber yogurt sauce.

Hamburger with Lettuce and Tomato | 4.75

House Made Vegan Black Bean Burger | 4.25

Tuna Salad Sandwich | 4.25

Grilled Cheese | 3

Add Fries or Side Salad | 1.25

Add Cheese | 50¢

TODAY'S PLATES

Wild Mushroom and Goat Cheese Tart | 7

Free-form buttery pastry filled with mushrooms, melted leeks, and tangy goat cheese.

Accompanied by grilled asparagus and arugula salad with shallots and lemon vinaigrette

Glazed All Beef Meatloaf | 7

Served with a mushroom bordelaise sauce, frizzled onions, grilled asparagus, roasted carrots, and skillet roasted potatoes

Grilled Artic Char | 7

Citrus and herb marinated char with wilted spinach salad, Provencal style tomato and anchovy brown butter sauce, served with herbed basmati rice

FRESH VEGETABLES | 2

Roasted Asparagus and Oven Roasted Carrots

Skillet Roasted Potatoes

French Fries

Mixed Greens Salad

BEVERAGES

Juice 2

Iced Tea 2

Coffee or Hot Tea 2

Soft Drinks 2

Espresso 2

Cappuccino 2.5

Notice: Ask your server about menu items that are cooked to order or served raw.
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.



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Culinary Studies Institute