



# Medical Clearance Form For Return To Clinical Practice Sessions

Student Name \_\_\_\_\_

Date \_\_\_\_\_

The student nurse role requires:

- mental, emotional and physical abilities to plan and implement safe care in highly stressful health care environments
- physical strength and stamina necessary for prolonged standing, walking and heavy lifting in patient care areas
- physical strength to push, pull and transfer objects or people weighing more than one-hundred pounds

The student can participate in clinical practice sessions fully and safely without jeopardizing their own or others' health or well-being.

Check one:

**YES**

The above student is FULLY CAPABLE of fulfilling the Role Requirements and Expectations of a Nursing Student as noted\*. The student may fully participate in clinical practice sessions.

**NO**

The above student is NOT FULLY CAPABLE of fulfilling the Role Requirements and Expectations of a Nursing Student as noted\*. The student may not participate in clinical practice sessions.

Physician Signature \_\_\_\_\_

Print Physician Name/Company \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Physician Office Phone Number \_\_\_\_\_ License Number \_\_\_\_\_

\* Role Requirements and Expectations can be found in the OCC Nursing Student Handbook, Section 4.4, [oaklandcc.edu/health/nursing/docs/NursingStudentHandbook.pdf](http://oaklandcc.edu/health/nursing/docs/NursingStudentHandbook.pdf) and should be printed on the reverse side or attached to this form.

# Role of the Nursing Student: Requirements and Expectations

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1. Mental, emotional and physical ability and stamina to plan and implement care for patients.
2. Emotional maturity and stability to approach highly stressful situations in a calm, safe and rational manner, to make timely clinical decisions such as selecting the correct technique, equipment and safety measures, to assure comprehensive and safe care of patients.
3. Physical abilities to competently perform activities that are essential to the program curriculum and the profession:
  - a. Sufficient visual acuity for accurate assessment and nursing care, such as required in the accurate preparation and administration of medications and for the observation of patients.
  - b. Sufficient auditory perception to receive verbal communication from members of the health care team and to assess the health status of patients through monitoring devices, such as stethoscopes, monitors, intravenous infusion pumps, fire alarms, bed alarms, call lights, etc.
  - c. Sufficient gross and fine motor coordination to respond promptly and to implement skills required in meeting the health care needs of patients, including the manipulation of equipment.
  - d. Sufficient physical abilities for prolonged standing and walking to successfully move about in patient rooms, work and treatment areas, and to administer cardiopulmonary procedures.
  - e. Sufficient physical strength and stamina to push, pull and transfer objects and persons more than one-hundred pounds.

*Section 4.4 of the OCC Nursing Student Handbook, Revised April 2018*