



# OAKLAND POLICE ACADEMY DISPATCH TRAINING

## Combined Regional Emergency Services Training

### Oakland Community College

2900 Featherstone Road • Auburn Hills, MI 48326-2845 • [www.oaklandcc.edu/police](http://www.oaklandcc.edu/police)



OAKLAND  
DISPATCH  
ACADEMY  
SERVICE THROUGH EDUCATION

## THE BULLETPROOF SPIRIT

*“First responders are a force for good in society, the ones who fight evil and those who prey on the innocent. They keep society in order and allow our way of life to continue. There is nobility and honor inherent in all the emergency-first-responder professions.”*

*(Bulletproof Spirit: The First Responder's Essential Resource for Protecting and Healing Mind and Heart, by Dan Willis, p. 45)*

**COURSE DESCRIPTION:** Consistently being immersed in violence, danger, tragedies, and heartache can often scar the spirit of any first responder. If you're feeling victimized by the job, depressed, stressed or traumatized, suffering from PTSD, frustrated, emotionally dead inside, unable to sleep, feeling helpless then this 4-hour emotional survival training seminar has been designed for you. This course offers over forty proactive, wellness and emotional survival strategies that will help protect and heal the heart, mind, and spirit of those who serve so they will no longer suffer in service. Attending this seminar can save your career, your health and wellness, your marriage, and possibly even your life.

**INSTRUCTOR:** Dan Willis (Captain, La Mesa Police Department) retired after a twenty-six year career where he served as a homicide detective, SWAT Commander, and instructor for the San Diego Public Safety Institute and the county's police academy, where he provides emotional-survival training.

**COURSE NAME:** The Bulletproof Spirit

**COURSE CODE:** PBSV-5721

**DATE:** March 23, 2016

**TIME:** Morning: 8:00 am - Noon; Afternoon: 1:00 pm - 5:00 pm

**COST:** \$75.00 (includes the book *Bulletproof Spirit: The First Responder's Essential Resource for Protecting and Healing Mind and Heart*)

**LOCATION:** Oakland Police Academy  
Oakland Community College  
2900 Featherstone Road  
Auburn Hills, MI 48326-2845  
Phone: (248) 232-4220  
Fax: (248) 232-4225

— This Course is MCOLES Approved —

**CANCELLATION POLICY:** Class reservations may be cancelled up to 7 calendar days prior to the first day of class with a 100% refund, less than 7 days, but prior to the first day of class with a 50% refund, on the first day of class with a 0% refund. All “no shows” will be charged full price. Please include the registered person's name, course name and date, your signature and date. Students are responsible for amounts not covered by third party sponsors or departments unwilling to satisfy the invoice.



OAKLAND COMMUNITY COLLEGE  
Community is our middle name.®

## TRAINING NOTICE